



BEEHEALTHY OVERVIEW GRADE 2

RELATIONSHIPS			LIVING IN THE WIDER WORLD			HEALTH AND WELLBEING		
Families and friendships	Safe Relationships	Respecting ourselves and others	Belonging to a community	Media Literacy and digital resilience	Money and Work	Physical Health and Mental Wellbeing	Growing and Changing	Keeping Safe
Autumn 1		Autumn 2	Spring 1		Spring 2	Summer 1		Summer 2
<ul style="list-style-type: none">Recognise and celebrate our strengthsThe Power of Yet.The importance of respect and self-respect.What are values and why they are important.Positive friendshipsResolving friendship disputesWhat is bullying? How to recognize hurtful behavior and bullying (online and offline) and how to report it.		<ul style="list-style-type: none">Recognising and naming feelingsHow our body reacts when we feel scaredWhat we can do when we feel worried for ourselves or others.Who helps us to stay healthy and safe (network on hands)How to respond to strangersThe importance of not keeping secrets (only happy surprises that others will find out eventually).What do we mean by privacyWhen do we ask for permission and when should we give permission.	<ul style="list-style-type: none">Why our environment is important to our communities.What we can do as individuals and as a community to look after our environment.What is an Eco Warrior?What is waste, recycling and the Four R's (Refuse, Reduce, Reuse, Recycle).Worm farms and compostThe art of UpcyclingThe power of treesHow we can take Action		<ul style="list-style-type: none">What is the internet and why it is important in our lives?That not everything on the internet can be trustedThe different ways to be safe online.The importance of Passwords and talking to people safely online.How we communicate appropriately and safely with others on the internet.	<ul style="list-style-type: none">What are the different ways to keep healthy?Why our teeth are important?How to protect our teethHow to be a sugar detectiveThe different effects drink has on our teethHow will you be a Guardian of the gums?		<ul style="list-style-type: none">Recognising and naming parts of the bodyHow our needs change when we grow from young to oldThe different ways to keep ourselves safeSafety at homeWho helps us to stay healthy and safe (network on hands)



CURRICULUM OBJECTIVES PER UNIT (YEAR 2)

RELATIONSHIPS		LIVING IN THE WIDER WORLD		HEALTH AND WELLBEING	
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Friendships <i>Pupils learn...</i> R6. About how people make friends and what makes a good friendship R8. Simple strategies to resolve arguments between friends positively R9. How to ask for help if a friendship is making them feel unhappy</p> <p>Managing hurtful behaviour and bullying <i>Pupils learn...</i> R10. that bodies and feelings can be hurt by words and actions; that people can say hurtful things online R11. about how people may feel if they experience hurtful behaviour or bullying R12. that hurtful behaviour (online and offline) including teasing, name calling, bullying and deliberately excluding others is not acceptable; how to report bullying; the importance of telling a trusted adult</p> <p>Safe Relationships <i>Pupils learn...</i> R13. to recognise that some things are private and the importance of respecting privacy; that parts of their body covered by underwear are private R15. how to respond safely to adults they don't know R16. about how to respond if physical contact makes them feel uncomfortable or unsafe R17. about knowing there are situations when they should ask for permission and also when their permission should be sought R18. about the importance of not keeping adults' secrets (only happy surprises that others will find out about eventually) R19. basic techniques for resisting pressure to do something they don't want to do and which may make them unsafe R20. what to do if they feel unsafe or worried for themselves or others; who to ask for help and vocabulary to use when asking for help; importance of keeping trying until they are heard</p> <p>Respecting Self and others <i>Pupils learn...</i> R21. about what is kind and unkind behaviour and how this can affect others R22. about how to treat themselves and others with respect; how to be polite and courteous R24. how to listen to other people and play and work cooperatively</p> <p>Learning Opportunities in Health and Wellbeing Ourselves, growing and changing <i>Pupils learn...</i> H21. to recognise what makes them special H22. to recognise the ways in which we are all unique H23. to identify what they are good at, what they like and dislike</p> <p>Mental Health <i>Pupils learn...</i> H11. about different feelings that humans can experience H12. how to recognise and name different feelings H13. how feelings can affect people's bodies and how they behave H14. how to recognise what others might be feeling H15. to recognise that not everyone feels the same at the same time, or feels the same about the same things H16. about ways of sharing feelings; a range of words to describe feelings H17. about things that help people feel good (e.g. playing outside, doing things they enjoy, spending time with family, getting enough sleep)</p>		<p>Shared responsibility Pupils learn... L2. how people and other living things have different needs; about the responsibilities of caring for them L3. about things they can do to help look after their environment</p> <p>Learning Opportunities in Relationships Safe Relationships Pupils learn... R14. that sometimes people may behave differently online, including by pretending to be someone they are not.</p> <p>Media Literacy and Digital Resilience Pupils learn... L7. about how the internet and digital devices can be used safely to find things out and to communicate with others L8. about the role of the internet in everyday life L9. that not all information seen online is true</p> <p>Learning opportunities in Health and Wellbeing Keeping Safe Pupils learn... H34. basic rules to keep safe online, including what is meant by personal information and what should be kept private; the importance of telling a trusted adult if they come across something that scares them</p>		<p>HealthyLifestyles(Physical Wellbeing) <i>Pupils learn...</i> H1. about what keeping healthy means; different ways to keep healthy H2. about foods that support good health and the risks of eating too much sugar H5. about simple hygiene routines that can stop germs from spreading H7. about dental care and visiting the dentist; how to brush teeth correctly; food and drink that support dental health H8. How to keep safe in the sun and protect skin from sun damage</p> <p>Ourselves, growing and changing <i>Pupils learn...</i> H21. to recognise what makes them special H22. to recognise the ways in which we are all unique H23. to identify what they are good at, what they like and dislike H25. to name parts of the body including external genitalia (e.g. vulva, penis, testicles). H26. about growing and changing from young to old and how people's needs change</p> <p>Keeping Safe <i>Pupils learn...</i> H28. about rules and age restrictions that keep us safe H29. to recognise risk in simple everyday situations and what action to take to minimise harm H30. about how to keep safe at home (including around electrical appliances) and fire safety (e.g. not playing with matches and lighters) H31. that household products (including medicines) can be harmful if not used correctly</p> <p>Learning opportunities in Living in the Wider World Communities <i>Pupils learn...</i> L1. about what rules are, why they are needed, and why different rules are needed for different situations</p>	